

**YOUTH AND WOMEN EMPOWERMENT (YAWE) FOUNDATION
IN PARTNERSHIP WITH PERSPEKTIVE FUER KINDER (AUSTRIA)**



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YAWE REPORT END OF OCTOBER 2024

Community Based Health care Activities.

Week 1

During this month we managed to visit families with disabled clients such Cathy. Cathy was found home with a maid and her other friend. Cathy was reported to be feeling well with no history of any illness in the past 2 months. We did occupational therapy in counting, building cups, writing skills and ball kicks play. Cathy did all that with great passion and high motivation. The plan is to make Cathy concentrate now on using her feet to write and grasp release exercises.

We also visited Nancy a stroke client battling with proper walking again and improving hand function. Nancy was found well at home and we did exercises in hand reaching which she still does with difficulties. Nancy needs loads and loads of training in sit to stand and hand function.

Later on we visited Shaban who was found home with her sibling bedridden and the Mother was in the garden. Shaban looked very weak and skinny. We didn't do anything since the caregiver was absent.

Week 2

This week we visited Danty's family. We found their mandazi family business doing very well. They are currently producing 72 packets unlike formerly when they could produce 40. This was as a result of after being supported in the last months under the support from our formerly hosted intern student Carlotta. The family was supported with 150,000/= to add in their already existing madanzi baking business. Carol reported their products are on very high demand only they are being limited by

transportation to other areas. Danty was found á sleep during the visit time and her Mother was also recovering slowly.



Carol and her Mother baking mandanzi at their home kitchen

Another good story was of Katutu whose goat's for life project is multiplying rapidly. Katutu a lower limb paralysis lady staying with her both parents was found home proudly happy about the progress of her goats for life project. From one goat to nine currently is over joyed. Her father reported how this has given his family higher hopes in income security that any time a serious need a raises they can sell and meet that particular need.



Katutu and her father posing for the picture with their goats.

Week 3

This week we visited Cissy who was found at home doing her domestic work. Cissy reported despite being added more capital into her shop worth 200,000/=, her shop has gone down again because she pulls out much more money routinely to meet her family missing basic needs. She reported being challenged on meeting her daughter and son school and home requirements. This has caused her serious worries that at times she becomes mentally weak.



Cissy at her home

Week 4

Lastly they attended Kabarole NGOs and CBOs Association meeting. The meeting was about Enhancing Civil Society Organizations Sustainability and compliance with NGO Laws and regulations in Uganda. The thematic planning meeting had been organized for Health, Water and Sanitation and Agriculture, Environment and Natural resources to provide for a continuous learning and discussion on good practices as well as transfer and sharing of knowledge among members.



Members discussing in their specific thematic areas during KANCA meeting

WORK OF OUR TWO VOLUNTEERS ANNA AND JUSTUS

Introduction

YAWE entered into a partnership with VUGA a Germany Volunteer sending organization to host volunteers for one year term. Currently at YAWE we have Anna and Justus in participates and fulfills tasks in different departments.



Volunteers supporting the juveniles in youth prison to play sports.

Objectives of our work with the Children in the remand home

To help a volunteer become more adaptable, empathetic, improve his/her ability to communicate effectively across cultural boundaries.

To offer vital help to people in need and organizations, connect with communities and make them better places.

Description

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In addition, they have routinely every week visited the youth prisoners to facilitate group programs, help them address key issues in behavior change and care management. They also help the inmates adopt corrective cultural and social behaviors when they are out of prison. In addition, support them address the social stigma surrounded with prison life through playing social games and others.

Further the volunteers have participated in numerous ongoing CASCADE nutrition project activities such as trainings, MDD, learning visits with schools and nutrition events. The project aims at improving food security and reducing malnutrition of women and children under five. It looks at increasing availability, access to and consumption of healthy diets and increase household resilience to economic and climate change related shocks around Fort Portal city. This project is being implemented in secondary schools and local communities around using social analysis and action (SAA), MIYCAN tools, music, dance, drama and creative Arts as some of the information, communication and education modalities.



Members of the music and drama club presenting on bringing good norms about nutrition in the community where the volunteers assisted as repertoires and in the mobilization.



Secondary teachers and some of the community leaders undergoing a training in Farmers Field Business School.

Furthermore they have supported in office paper work documentation by writing weekly/monthly reports, entering files into the Electronic medical records (EMR) and mwater for community reference groups reports and many others. Through this they have displayed great quick typing skills which have enabled timely reporting.

In preparation for upcoming youth conference, they have made follow ups on the seeking support letters and went ahead to write a proposal to back home German AIDS organization. By doing we hope for a positive outcome. Every year YAWE in conjunction with KUSA hosts a youth annual conference that brings all HIV infected youth together for 3 to 4 days residential engagements. Through these days the youths participate in the Candle Light and World AIDS Day events.

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Members participating in group discussion under Environment, Agriculture thematic area

VOCATIONAL REPORT FOR THE MONTH OF OCTOBER 2024.

YAWE foundation under skilling program, the program aims at curbing unemployment and underemployment among youth in the region. We mainly aim at targeting those who could not continue with formal education due to different challenges especially social, economic or family background.

In the skilling program, we aim at equipping vulnerable youth with market demand competencies /skills and creating opportunity to access the labor market through wage employment or self-employment. We believe that every youth possesses unique talents waiting to be unleashed.

We have established 6-month short courses whereby youth can learn hand on skills that can help them to change their lives, especially after attaining the skills and putting it into action. These courses include fashion and design, hairdressing, knitting, music classes, baking/pastry, which we teach from our social enterprises center. As we continue to support youth in different skills our strong relationship/partnership with different workshops/training centers, we have placed our

trainee for further trainings especially motorcycle and motor vehicle garages and for those who finished first level we have linked them to different busy business workshops to explore more and build up their professions.

In addition, due to community demand we intend to bring up more courses on board alongside the short courses that we have been having, these courses will be two certificate courses and one will be able to sit examination examined by UBTEB and these courses will be formal thus one need to have attained ordinary certificate. These courses include certificate in Accountancy, secretarial studies, business administration, baking and pastry, tourism and hospitality among other courses. We have started to disseminate the information to the community as we look forward to start the intake in July/August.

Mobilization and enrolment,

We have continued to reach out different communities especially in remote areas fort portal city and greater Kabarole. Through our mobilisation strategies, which include giving out of written fliers or brochures clearly outlining both short and long courses. We have also reached out community leaders who can easily pass information to public especially VHTs, peers among other and using social media handles. We have so far received two students for this intake and more are promising to join.

We also took part in in medical outreaches whereby we were able to pass information concerning the courses that our institute offers and many questions that we ably answered since there was knowledge gap about school. This was because most people were thinking that we offer free training. All these strategies will help the community aware the programs that we have as far as our training program.

Training,

This month was a month of active revision in both trades whereby finalist were encouraged to practice more on what they have been able to learn in the last five month as a way of preparing and building confidence as they look forward to do the final exams.

Much emphasis was put on the modules that was selected and presented to DIT for assessment, students have confidently proved that they ae ready for assessment depending on the practical assessment done in class.

We have continued to encourage finalist to keep practicing and ask for any assistance from teachers as they wait for the exams, this well help them to build confidence, speed and other skills that will help them to pass exams highly.

On a good note, with all much emphasis that we had put in the previous month especially on revision, students were able to sit for the final DIT exams at the end of the month. It was a great moment since all candidates whom we had registered made it to the final and the assessors were very happy since students proved that they learnt a lot in the last six month.

Out of the 14 candidate s we registered we had 2 who did workers pass and the rest did modular level 1 assessment and we hope to get positive feedback from examination board in two month to come.

Students who did DIT examination

Trade	Boys	Girls
Tailoring	01	09
Hairdressing	00	04
Total	00	14

New enrollment

Trade	Boys	Girls
Tailoring	01	02
Hairdressing	00	02
Total	01	04

Pictorial overview of students during training



Students during DIT assessment exercise

MEDICAL DEPARTMENT

OUTREACH ACTIVITY

Following objective number 2 of Yawe Foundation Uganda, “*Rise & promote community awareness on Primary health concerns including STDs and HIV/AIDs*”,

And in line with the vision “*an enlightened society through sustainable socio-economic development and good health for all*”.

Yawe Foundation Uganda has continued to strengthen community and promote partnership through embracing extension of primary health care services nearer to the people.

On 04th October 2024, Yawe Medical Team conducted a medical outreach at Uganda Pentecostal University, Mucwa Campus at an International Teachers Day celebration

The following services were offered as we celebrated with women;

- Health education talks
- HIV Testing and counselling.
- Hypertension screening
- Height, weight and BMI measurements
- Deworming and vitamin A supplementation

Health Education.

About 200 people were health educated about cervical cancer, HIV/AIDS, STIs, and Non communicable diseases i.e. Hypertension and Diabetes in particular. The health education was continuously ongoing with other activities.



Clinician Ezekiel giving Health education talks at the service points

HIV counselling and testing (HTS)

63 people were counselled and tested for HIV with all testing Negative. Among these, 3 people were eligible for Syphilis screening, were tested and all turned negative.



Our volunteer Anna recording clients before HIV testing



Our Lab assistant Eriya conducting testing

Hypertension screening

41 people were screened for Hypertension where 9 people were found to have elevated blood pressures. These were counselled and then linked to nearest health facilities for monitoring and treatment.



Our German Volunteer Justus taking blood pressure of a student

Height, weight and BMI

46 people had their height and weight taken, then BMI calculated. A high proportion had normal ranges of BMI, whereas some few people were slightly overweight. They were educated on keeping Health lifestyles.



Justus taking student's height for BMI computation

Deworming and Vit. A supplementation

196 people received mebendazole (dewormer), and Vitamin A, as part of routine deworming and Vitamin A supplementation

Achievements

- We have extended our collaboration and Health activities to Uganda Pentecostal University, which underscores our commitment to making partnerships for improved livelihoods.
- We have created awareness to the UPU community about HIV, cervical cancer, and NCDs through our Health education interactions.
- We have also discovered people with high blood pressure and counselled them about their conditions, then linked them to nearest health facilities.